# **Any Lab Test Now**

# **ALCOHOL (ETOH/ETHANOL) TEST (URINE)**

### **DESCRIPTION**

Ethyl alcohol is an intoxicating ingredient found in beer, wine and liquor. Alcohol is produced by the fermentation of yeast, sugars and starches. Alcohol is a central nervous system depressant that is rapidly absorbed from the stomach into the bloodstream. Alcohol is metabolized in the liver but the liver can only metabolize a small amount of alcohol at a time, leaving the excess alcohol to circulate throughout the bloodstream. The immediate effects of alcohol on the body are directly related to the amount consumed. Individual reactions to alcohol vary and are influenced by many factors such as age, gender and the amount of food consumed before drinking.

#### WHY DO I NEED THIS TEST?

Customers that request alcohol testing may be in a program that requires them to have this test. It is sometimes used by the court system for persons who may have had a DUI in the past. Though this test is best for only recent use and does not determine impairment, employers that have a Zero Tolerance alcohol usage policy as well as employers that have substance abuse programs in place that require enrollees to be tested may be interested in this test.

This test can give you recent use of up to approximately 12 hours on alcohol ingestion, so it is also frequently used by parents who are interested in finding out if their child has ingested alcohol recently. You may also consider this as part of the Trust But Verify accountability program.

#### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

When the drug screen is performed in the laboratory, the drug screen results take 24 to 48 business hours after specimen collection. If the drug screen is non-negative, the result and specimen will then need to be confirmed. Confirmation takes an additional 48 to 72 business hours after the screen is completed..

#### OTHER RELEVANT LAB TESTS

Customers that choose the urine alcohol test may also select a drug test for employment. ANY LAB TEST NOW® also offers alcohol tests that can detect usage with in the past week or several months. Speak with your friendly medical assistant if you need more information about the alcohol testing services available. Some customers may choose wellness tests such as a <u>liver function panel</u> if they have concerns about the effects of alcohol on their body.

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.