# **Any Lab Test Now**

## **DRUG TEST, 10 PANEL (NAILS)**

#### **DESCRIPTION**

Standard drug testing measures drug by-products in the urine which move through the body quickly and for most drugs are no longer measurable after 1 month. Drugs are deposited in the nails through absorption into the root of the growing nail bed. Because fingernails and toenails take 3 to 6 months to grow from the nail bed to tip of the finger or toe, traces of drugs will remain in the fingernails longer than in the urine or the blood, providing a much longer detection window.

#### WHY DO I NEED THIS TEST?

Are you looking for possible drug use by a loved one or employee over a long period of time? Is the test subject uncomfortable giving a urine sample or having blood drawn? Has the donor shaved his or her body in an effort to avoid a hair drug test?

The 10 Panel Drug Test using finger or toenails detects drug use of 10 of the most popular drugs of abuse within the previous 6 month period. Because fingernails and toenails cannot be tampered with, the nail drug test ensures accurate results that are non-invasive. The detection window is affected by the rate of nail growth which varies from person to person.

Nail drug testing is a convenient, non-invasive, extremely accurate method of drug testing for common illicit drugs. Drug testing using fingernails and/or toenails is also appropriate if the test subject does not at least one inch of hair necessary for the hair drug test.

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.