# **Any Lab Test Now**

### **RABIES ANTIBODY TITER TEST**

#### **DESCRIPTION**

The Rabies Antibody Titer Test is a Rapid Fluorescent Focus Inhibition Test (RFFIT) that is used to monitor rabies antibodies levels in a person.

#### WHY DO I NEED THIS TEST?

If a person has been bitten by an animal that may have rabies (or it can't be tested) or are regularly exposed to the rabies virus there are several reasons to get a Rabies Antibody Titer Test:

- The person is immunosuppressed and it is important to ensure that the antibodies are being properly produced by the vaccine.
- The standard course of the vaccine was interrupted so it is unclear whether enough antibodies were developed.
- The vaccine was obtained internationally and it isn't clear if the vaccine was effective.
- The person has regular occupational exposure to the rabies virus and it is important to ensure that they
  have proper antibodies levels for ongoing protection against the virus.

A rapid immune response is ideal after being infected which is why additional doses of rabies vaccines are recommended after infection, even if the person has previously been vaccinated.

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.