# **Any Lab Test Now**

## **RUBELLA TEST**

#### **DESCRIPTION**

Rubella, also known as German Measles, is an acute viral infection of children and adults. Rubella can cause rash, fever and lymphadenopathy. While many infections are subclinical, this virus has the potential to cause fetal infection with resultant birth defects.

#### WHY DO I NEED THIS TEST?

When someone is exposed to Rubella, either through a vaccination or exposure to the virus and an infection, the body develops antibodies to it. This test is performed to determine immunity to Rubella.

### **HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?**

Results are typically available in 3 to 5 business days.

#### AM I REQUIRED TO FAST FOR THIS LAB TEST?

No. You do not need to fast for this test.

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.