

# Reverse T3 (rT3) Test

## **DESCRIPTION**

The reverse T3 blood test is used to help determine if an individual has sick euthyroid syndrome. Reverse T3 (rT3) is a byproduct of thyroid hormone metabolism. Reverse T3 is biologically inactive and does not stimulate thyroid hormone receptors. If you suspect of thyroid dysfunction usually the thyroid tests that are completed are TSH, T3, and T4. The reverse T3 is added to gather more information regarding your thyroid health.

## WHY DO I NEED A REVERSE T3 (rT3) TEST?

The main reason for ordering a reverse T3 thyroid test is used as a prognostic/diagnostics indicator in non-thyroid illness or to monitor patients that are taking amiodarone (anti-arrhythmic drug) which can affect their reverse T3 levels.

## **AM I REQUIRED TO FAST?**

No, fasting is not required. There are no dietary or medicinal restrictions to take this test.

### WHAT IS THE SAMPLE REQUIRED?

A simple venous blood draw.

#### IS A DOCTOR'S ORDER REQUIRED?

No. You do not need to provide a doctor's order to get lab testing done at Any Lab Test Now.

### WHEN WILL I GET MY TEST RESULTS?

Test results generally take between 1 to 2 business days after your specimen is collected.

### DO I NEED TO MAKE AN APPOINTMENT?

No. You can walk in for same day testing. We make it easy for you by offering work-friendly hours.

### IF I HAVE QUESTIONS ABOUT MY TESTS RESULTS WHO SHOULD I CONTACT?

We recommend you share your results with your primary care physician or with your specialist (Endocrinologist).