Any Lab Test Now

VARICELLA ZOSTER VIRUS TITER (VZV) TEST

DESCRIPTION

The Varicella Zoster Virus (VZV) Titer is a blood test that checks if you are immune to Varicella Zoster Virus, also known as Chickenpox and Shingles. It measures your antibody levels to get a sense for whether your immune system has the capability to respond to an infection with one of these diseases. Some people have had the chickenpox and developed immunity to varicella that way. Other people have developed immunity through receiving the Varicella vaccine series when they are young and/or receive vaccine boosters as adults.

As a consequence of either vaccination or prior exposure, people develop IgG antibodies to Varicella that provide immunity if they are exposed to the disease.

HOW LONG WILL IT TAKE TO GET MY LAB TEST RESULTS?

Test results generally take between 24 to 72 business hours after your specimen is collected.

AM I REQUIRED TO FAST FOR THIS LAB TEST?

No. You do not need to fast for this test.

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Ekan Essien, MD, MPH, a native Georgian, received his BA from Duke University. Dr. Essien continued his education at Florida A&M University where he received his Masters of Public Health in Epidemiology; received his medical degree from Meharry Medical College in Nashville, Tennessee; and obtained training in general and trauma surgery at Grady Memorial Hospital at Morehouse School of Medicine. He is a candidate in the post graduate fellowship in anti-aging and regenerative medicine from the American Academy of Anti-Aging Medicine.